omada for cigna healthcare

Access a health program built just for you

Omada® helps people lose weight with one-on-one health coaching and the tools needed to build healthy habits that stick.

The best part: the program—a $700 value—is **no extra cost to you** if you're clinically eligible to enroll.

With Omada, you'll get

- One-on-one support from a health coach
- Easy monitoring with a smart scale
- OmadaSpark AI—get answers to your food related questions and ideas for healthier meals and snacks
- Easy food tracking—just snap a picture, scan a barcode, use your voice or type in your meals

$0 COST TO YOU



Get a welcome kit at no extra cost once you enroll

It includes an easy-to-use smart scale shipped to your door, yours to keep.

- Readings sync automatically
- No set up required, batteries included
- Get a personalized plan based on progress

If you or your covered family members are at risk for type 2 diabetes and/or heart disease and are accepted into the program, your Cigna Healthcare® plan will cover its full cost.

Claim My Benefit:
omadahealth.com/omadaforcigna

Images, including apps, do not reflect real members or information about a specific person.

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